

Promise Statement

We understand our patients have unique and individual needs.

At Midwest Orthopedic Specialty Hospital, we believe establishing a relationship with our patients is essential to the healing process.

What's important to you becomes our goal that we will achieve together.

PREPARATION FOR SURGERY

A guide for patients and families

Patient Registration • (414) 817-3960

Pre-Admission Testing Center • (414) 817-5792

Same Day Surgery • (414) 817-5785

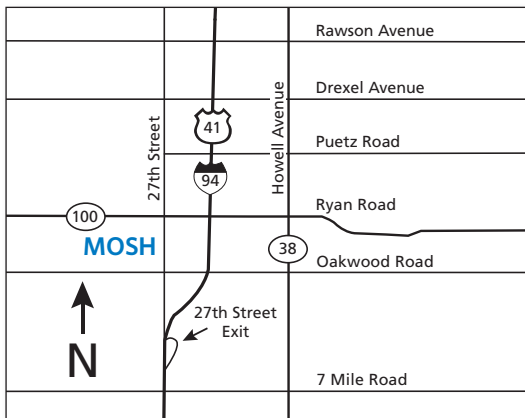
Inpatient Unit (2 South) • (414) 817-5795

Rehabilitation Services • (414) 325-4850

Outpatient Pharmacy • (414) 325-4740

Billing • (877) 304-6311

Financial Counselor • (414) 325-6311



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SPECIALTY HOSPITAL

10101 S. 27th Street, Franklin
(414) 817-5800 • mymosh.com



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Welcome to Midwest Orthopedic Specialty Hospital (MOSH).

We are committed to providing you with exceptional, high quality, and compassionate care with extraordinary clinical results.

This guide is designed to prepare you and your family for your surgery and recovery.

Feel free to use this guide to collect and organize certain personal health information. This will ensure the highest level of safety throughout your stay.

Pre-Surgery Checklist

Please complete this Pre-Surgery Checklist to ensure you are well prepared for your visit.

- Schedule your surgery.
- Talk with your surgeon if an appointment with your primary care provider is needed for a History and Physical (H&P).
- If pre-op testing is needed, please complete this before your surgery.
- If you are worried about moving around at home, talk to your surgeon about physical therapy BEFORE your surgery.
- Know your Rehab and Physical Therapy plan ahead of time. Commit to following it.
- If required, attend Joint Class.
- Arrange your ride home after discharge.
- For those going home the day of surgery, we strongly encourage you to have an adult stay with you overnight
- Line up a few helpers during your first days after surgery. You may need help running errands, picking up prescriptions and driving to follow-up appointments.
- Complete a pre-admission phone interview with the hospital nurse. Please have your health history/medication list ready for this call.



Health History/Medication List

This brochure is meant to be your guide for surgery. Please use the Health History/Medication List below to assist in organizing your personal health history. Write down notes, medical information, medications, and any questions you may have in the area provided. The information you provide will be referenced throughout your stay.

Medical conditions: _____

Previous surgeries: _____

Medications: _____

Allergies: _____

Questions: _____

Notes: _____

Instructions from the nurse

During your pre-admission phone call, please note the following:

Date of surgery: _____

Time of surgery: _____

Arrival time: _____

Surgeon: _____

Surgeon phone number: _____

RN phone number: _____

Stop eating at: _____

Stop drinking at: _____

Notes: _____

Important things to remember

Self care before surgery

- Do not wear any make-up, jewelry, perfume, deodorant/antiperspirant, lotions, or powder the day of surgery. Remove any nail polish.
- Shower the night before or the day of your surgery using an antimicrobial soap. If you are given a surgical scrub, please follow the instructions provided by your physician's office.
- Dress comfortably in loose-fitting clothes that are easy to get on and off. Wear shoes that provide good support and grip so you do not slip.

Day of surgery – please bring the following:

- A picture ID and your insurance card
- A copy of your advance directive (living will and/or power of attorney for health care)
- Payment for any anticipated out-of-pocket expenses, such as a deductible, co-insurance, or co-payment, and a small amount of cash if desired. All other valuables (check book and credit cards) should be left at home or with your family.
- Crutches /walker, inhalers, and/or CPAP machine
- Comfort items that may assist you in the healing process. Such items may include DVDs, iPods, laptops, and loose-fitting athletic clothing to wear during your therapy sessions if you are staying overnight.

About our hospital

Midwest Orthopedic Specialty Hospital is located on the second floor of Wheaton Franciscan Healthcare—Franklin, 10101 S. 27th Street, Franklin, WI 53132.

Parking

Free valet parking is available Monday through Friday, excluding holidays.

Visitors

Our hospital's reception area is warm and inviting. The inpatient rooms offer ample seating for those visiting, as well as comfortable accommodations for a visitor wishing to stay overnight with a loved one. WIFI is available.

When you arrive

- Please report to the front desk in the main lobby.
- You will be escorted to a room in the Same Day Surgery area to prep for your surgery. Family members may stay with you up to the time of your surgery.
- An IV (intravenous line) may be inserted into a vein in your arm.
- Depending on your type of surgery, an anesthesiologist may be present to provide medication through the IV.
- You may also see your surgeon before surgery to ask any questions you may have.
- While you are in surgery, your family is encouraged to wait in our reception area.



After your surgery

- Following your surgery, you will go to the Recovery Room. You will stay there for at least 30 minutes or longer depending upon the anesthesia you receive. You will be watched very closely after surgery to make sure that you are safe and comfortable.
- For patients staying overnight, you will go to your room. Your family may join you after you have been settled in.
- Plan on getting out of bed on the day of surgery.
- If you are going home after surgery, you will go back to the Same Day Surgery area. Your family members may join you once you are back in your room.

At discharge

- You will be given written instructions for care at home, along with any prescriptions from your physician(s). Make sure you understand these instructions, and make sure that we have answered all of your questions prior to leaving.
- Your driver should pull the vehicle to the front door, and a member of your care team will take you downstairs and assist you into the vehicle.

Your at-home recovery

What to expect in the days following your surgery

- Feeling tired for a few days after surgery is a normal reaction to the anesthesia and/or surgery. Plan rest periods in your day while you are healing.
- You may have a smaller appetite, so start with clear liquids and move on to solids as tolerated. Small frequent meals and snacks usually work best until your normal appetite returns.
- Place your discharge instructions close-by and follow them carefully.
- Contact your surgeon or the hospital with any questions or concerns.

Franklin outpatient pharmacy

Located on the first floor, the pharmacy can fill your discharge prescriptions before you leave. Tell your nurse if you would like your prescriptions filled here; we can also check if your insurance plan will provide coverage. Our pharmacy also has many orthopedic assistive items and low-cost dressing packs available.

Outpatient rehabilitation therapy

The Ascension–Franklin Rehabilitation Services Department is located on the first floor of the hospital. We offer a range of outpatient therapy options for patients with an outpatient therapy referral.

**Thank you for choosing
Midwest Orthopedic Specialty Hospital.**

**Where exceptional care leads
to extraordinary results!**

